

## **Post-Operative Instructions**

### **Crown, Bridge, Inlay and Onlay**

Crowns, bridges, inlays, and onlays usually take two to three appointments to complete. On your first appointment, using dental anesthetic, the tooth is prepared and an impression is taken and sent to the lab where a lab-fabricated, custom fit porcelain restoration is created. A temporary restoration is placed in the prepared tooth to protect the tooth while the custom restoration is being created. Dental anesthetic may cause your lips, teeth, and tongue to be numb for several hours. Avoid any chewing or hot liquids until the numbness has completely worn off.

On rare occasions, a temporary restoration may come off. Call us immediately if this happens, and keep the temporary so we can re-cement it. It is very important for the proper fit of your final restoration that a temporary stays in place.

It's normal to experience some hot, cold, and pressure sensitivity after each appointment. Your gums may be sore for several days. Rinse three times a day with warm salt water, (a tsp. of salt in a cup of warm water) to reduce pain and swelling. Use medication if directed by your doctor..

To help keep your temporary in place, avoid eating sticky foods (especially gum), hard foods, and if possible, chew only on the opposite side of your mouth. It's important to continue to brush normally, but floss very carefully and remove the floss from the side to prevent removal of the temporary crown.

If your bite feels uneven, if you have persistent pain, or you have any other questions or concerns, please contact our office.